



ESTONIAN AND BALTIC OPEN CHAMPIONSHIPS IN ATHLETICS 2017. COMPETITION GUIDE

1 GOALS:

- to popularize the athletics among seniors.
- to identify best senior athletes of 2017 in Estonia and Baltic countries.
- to strengthen sports relations between the Baltic and neighboring countries among the senior athletes

2. PLACE AND TIME

Competitions are held on the 12 – 13 of August at the stadium Rannastadium in Pärnu. The hammer throw and weight throw will be held at Niidupargi throwing stadium near Pärnu hospital on 13 August starting at 9.00 a.m. Competition starts on the 12th of August at 12:45. On 13 th August program starts with the of 5 km walking at 9.00, like hammer throw. The other events on 13.August 2017 at Rannastadium start at 10.00. The timetable is included in the supplement after registration ends.

3 PARTICIPANTS AND PROGRAM

Championships are open to all senior athletes in the following age categories:

M35 , M40 , M45 , M50 , M55 , M60 , M65 , M70 , M75 , M80, M85 + ;

N35 , N40 , N45 , N50 , N55 , N60 , N65 , N70 , N75 , N80, N85, N90 + ;

Each competitor is responsible for their own state of health . The age of the competitor is determined from the date of birth on the 12nd of August. The program contest is:

Women : 100m, 200m, 400m, 800m, 1500m , 5000m , high jump, long jump , triple jump (N40, N45, N50, N55), shot put , discus , javelin , hammer , weight, walking 5 km.

Men : 100m, 200m, 400m, 800m, 1500m , 5000m , high jump, long jump, triple jump, pole vault, shot put , discus , javelin , hammer , weight, walking 5 km.

Participants of long jump, triple jump and throwing events have three qualification attempts for each age group and six best of each age group have three final attempts.

4 REGISTRATION

Preregistration for the competition is open until 10 of August 2017 by e-mail jaak.israel@akg.vil.ee (copy to author@author.ee) in Excel table form or just e-mail with competitors name, date of birth, country and events.

Changes are available in the stadium on race day from 11:00 to 12:00 AM. Entry fee until 10 of August

2017.a. is 10 € for one event and 3 € for every next event should be transferred to the EKVA (Eesti Kergejõustikuveteranide Assotsiatsioon) bank account Eesti Kergejõustikuveteranide Assotsiatsioon **IBAN: EE941010102032127001** AS SEB PANK SWIFT CODE (BIC): EEUH22XX

As exception the entry fee can be paid in cash on the stadium prior to the competition with extra 5 Euros as handling fee. So, for late entrants the entry fee is 15-17 €. If during preregistration there is no registrations in some age category event, then this event shall be canceled (check EKVA web-site <http://www.kjveteranid.ee/?id=1> starting from 11 of August 2017). Late registrations on the day of the competition, are generally not allowed., but if possible, costs additionally 5+5 euros.

5 ORGANIZER

General organizer is Estonian Masters Athletics, shortened EstMA, in Estonian - Eesti

Kergejõustikuveteranide Assotsiatsioon (EKVA, info: www.kjveteranid.ee ,e-mail: author@author.ee , phone: +372 5039663) with collaboration Pärnu City Council and local athletics activities .

6 PRIZES .

I, II , III place winners in the Baltic championships will be awarded with Baltic Championship medals in each age category. The best Estonian athlete will get the medal as Estonian Champion.

7 MANAGEMENT

Participation expenses shall be born by the sending organisations or the participants themselves. Accommodation can be booked by organizers at a hostel near Pärnu hospital with price 15 eur per person per night up to 170 participants.

Accommodation can be booked in other hotels in Pärnu as well. Information and booking: esttravel@esttravel.ee. On competition days light dinner is offered to the participants and to the referees on the stadium.

8 TRANSPORT

There is a boat connection between Tallinn - Helsinki and Tallinn – Stockholm. There is a coach connection from Tallinn Coach Station or Tallinn Airport to Pärnu, as well as a train connection from Tallinn Baltic Railway Station. Tickets can also be ordered via the tourist agency ESTRAVEL (www.esttravel.ee, esttravel@esttravel.ee). Group transfer from Tallinn Harbour or Tallinn Airport can be ordered.

Many athletes are using their personal cars to arrive to Pärnu, so the individual pick up can be arranged, there is about 129 km from Tallinn to Pärnu.

9 GENERAL

All non-defined problems will be solved by the organizer of the competition together with the chief judge and a representative of EstMA. Competitions are held according to IAAF and WMA regulations.

Chief judge: Mr. Priit Neeme, deputy judge: Raivo Kornet.

10. INFORMATION AND CONTACTS

Info about competition www.kjveteranid.ee, e-mail: author@author.ee or EKVA secretary Tiia Eeskivi +37256450300, tiia.eeskivi@fortum.com.